



EXCEPTIONAL CASE HISTORY REGISTRY

**A FOCUS ON PATIENTS WITH MIGRAINE WHO CONSULT REFLEXOLOGISTS AND
ACUPUNCTURISTS IN SWEDEN, NORWAY, DENMARK, AND ENGLAND IN 2008**

Exceptional Case History Registry (RESF)

The Exceptional Case History Registry is run by the National Research Center in Complementary and Alternative Medicine (NAFKAM), University of Tromsø, Norway. The center was established by the Norwegian Research Council, and is being funded by the Norwegian Ministry of Health and Care Services.

We wish to register good, as well as bad, courses of disease after chronic or serious illness after the use of alternative treatment. **“An exceptionally good course of disease”** may for instance be complete or long lasting recovery. **“An exceptionally bad course of disease”** could be serious side effects or negative consequences of the use of alternative treatment, such as a delayed diagnosis with serious consequences for the disease course.

At NAFKAM we have given priority to the establishment of this registry. We find it important for patients and their relatives, health personnel, and health authorities that there is an agency collecting patients' knowledge about and experience with disease courses that do not develop according to the textbook of conventional medicine.

The registry constitutes a foundation that can contribute to explaining which factors influence exceptional disease courses. This may make it easier for patients and treatment providers to choose knowledge-based treatments.

In 2008 we will focus specifically on clients with migraine

NAFKAM is collaborating with international acupuncturist and reflexologist associations with the idea of collecting exceptional case histories regarding patients with migraine during the year 2008 from Sweden, Norway, Denmark, and England. We would like to get in touch with clients who have experienced an exceptionally good course of disease after using acupuncture or reflexology – and who did not obtain similar results after the use of conventional medical treatments.

Criteria for participation in the registry are that the person

- has/had had migraine
- has obtained exceptional treatment results after the use of acupuncture or reflexology
- had a medical diagnosis before she/he started the acupuncture or reflexology treatment which gave the exceptional treatment results.

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Best regards,

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